

MAY 2023 Robert L. Craig Moonachie Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cereal Kit	2 French Toast w/ Syrup	3 Cinnabar	4 Waffles w/ Syrup	5 Large Fruit Muffin
8 Cinnabar	9 Large Chocolate Chip Muffin	10 Frudel	11 Bagel w/ Cream Cheese	12 French Toast
15 Cereal Kit	16 Large Fruit Muffin	17 Waffles w/ Syrup	18 Breakfast Bar	19 Cinnamon Bar
22 Waffles w/ Syrup	23 Bagel w/ Cream Cheese	24 Breakfast Bar	25 Cereal Kit	26 Large Fruit Muffin
29 School Closed	30 Cereal Kit	31 Waffles w/ Syrup		

Breakfast includes Entrée (Bread/Grain), 1 cup Fresh or Cupped Fruit & 100% Juice, plus Milk Choice (1% Low-Fat, Non-Fat Chocolate, Skim)



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

MAY Robert L. Craig 2023 Moonachie Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Boneless Wings w/ Dinner Roll Weekly Alternate: Pizza Crunchers	2 All Beef Hot Dog on a Bun	3 Maple Flavored Mini Waffles w/ String Cheese & Syrup	4 Street Tacos w/ Fire- Roasted Corn & Cotija- Cheese English & Spanish Cookies	5 Pizzeria Pizza
8 Breaded Chicken Patty on a Bun	9 Ravioli w/ Marinara Sauce Dinner Roll Weekly Alternate: Macaroni & Cheese	10 French Toast Sticks String Cheese Syrup	11 Cheeseburger on a Bun w/ Baked Fries	12 Pizzeria Pizza
15 Chicken Patty on a Bun Farmer's Market Cookies	16 Cheese Ravioli w/ Marinara Sauce & Garlic Bread	17 Maple Flavored Mini Pancakes w/ String Cheese & Syrup	18 French Toast w/ Cheese Stick & Syrup Weekly Alternate: Pizzaboli	19 Pizzeria Pizza
22 Popcorn Chicken & Mashed Potato Bowl Weekly Alternate: Pasta w/ Sauce & Cheese	23 Macaroni & Cheese Dinner Roll Local Winesap Apple	24 Arepas w/ Shredded Chicken & Local Radish Slaw Rice & Beans	25 General Tso's Chicken w/ Vegetable Fried Rice & Fortune Cookie	26 ½ Day Breakfast Only
29 School Closed	30 Baked Ziti Dinner Roll	31 Chicken Nuggets w/ Baked Fries Weekly Alternate: Waffles w/ Cheese Stick		

A Complete Lunch Includes:

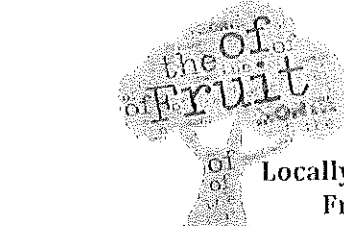
Entrée (with Protein/Grain)

Trip to The Farm Stand
(students must select at least a serving
of fruit or vegetable)

Hormone-Free Milk

Menu Subject to Change

Your comments are important to us. Please e-mail
us at comments@pomptonian.com



**Locally Grown
Fruit**

Allergy Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

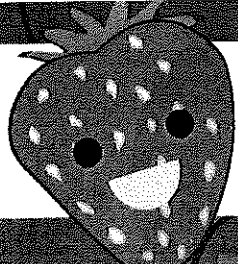


**Locally Grown
Vegetable**

At least 50% of All Grains served w/ your meal are Whole Grain Rich

**This institution is an equal
opportunity employer**





May
2023

Robert L. Craig Elementary School
ORDER FORM

Complimentary
FOOD SERVICE

Please indicate your breakfast and lunch choice by including the code from the list below in the appropriate box for the days you would like to order. Return each form to the school by 9:00 a.m. on the due date indicated in an **ENVELOPE** with the exact money OR check made payable to the "Moonachie Board of Education."

Breakfast Codes: [B1] Daily Special

Breakfast: 2.50
Reduced Breakfast: No Charge
Free Breakfast: No Charge

Lunch: 3.75
Reduced Lunch: No Charge
Free Lunch: No Charge

Lunch Codes: [H1] Daily Hot #1
[W] Chicken Caesar
[D] Daily Deli Sandwich

[H2] Alternate Hot
[Y] Yogurt Bagel Bag

"This Institution is an equal
opportunity provider."

tear at this line and return in an **ENVELOPE**.

DAY	BREAKFAST	LUNCH
MON 1		
TUE 2		
WED 3		
THU 4		
FRI 5		
TOTAL \$:		

Please check if your
student receives

- ☐ Free Lunch
☐ Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:

If you plan to participate in the lunch program, you **must** fill out
and return this form.

Please return form & payment by Tuesday, April 25th, 2023

DAY	BREAKFAST	LUNCH
MON 8		
TUE 9		
WED 10		
THU 11		
FRI 12		
TOTAL \$:		

Please check if your
student receives

- ☐ Free Lunch
☐ Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:

If you plan to participate in the lunch program, you **must** fill out
and return this form.

Please return form & payment by Tuesday, May 2nd, 2023

DAY	BREAKFAST	LUNCH
MON 15		
TUE 16		
WED 17		
THU 18		
FRI 19		
TOTAL \$:		

Please check if your
student receives

- ☐ Free Lunch
☐ Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:

If you plan to participate in the lunch program, you **must** fill out
and return this form.

Please return form & payment by Tuesday, May 9th 2023

DAY	BREAKFAST	LUNCH
MON 22		
TUE 23		
WED 24		
THU 25		
FRI 26		
TOTAL \$:		

Please check if your
student receives

- ☐ Free Lunch
☐ Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:

If you plan to participate in the lunch program, you **must** fill out
and return this form.

Please return form & payment by Tuesday, May 16th, 2023

DAY	BREAKFAST	LUNCH
MON 29		
TUE 30		
WED 31		
THU		
FRI		

Please check if your
student receives

- ☐ Free Lunch
☐ Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:

If you plan to participate in the lunch program, you **must** fill out
and return this form.

Please return form & payment by Tuesday, May 23rd